

EGD PROCEDURE PREPARATION

Esophagogastroduodenoscopy

NAME: _____ **DATE:** _____ **ARRIVAL TIME:** _____

Read these instructions at least **ONE WEEK** before your scheduled appointment so that you understand how to adequately prepare for your endoscopy procedure. In addition, please contact your insurance company to determine if you will have any out-of-pocket cost for your procedure.

If you have any questions about your *procedure preparation* or *medication guidelines*, please contact your scheduler, _____, at (614) 458-1183, extension # _____.

Procedure Location

Go to Outpatient Registration at the location indicated below.

Downtown Endoscopy Center
700 E. Broad St., 1st Floor
Columbus, OH 43215

Westerville Endoscopy Center
300 Polaris Parkway, Suite 1500
Westerville, OH 43082

Riverview Surgery Center
2401 N. Columbus St.
Lancaster, OH 43130

Grant Medical Center
Surgical & Heart Entrance
300 E. Town St.
Columbus, OH 43215

Other: _____

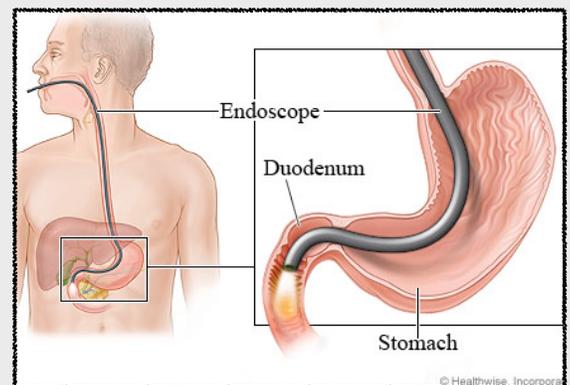
Please note: your arrival time is subject to change based upon the facility's schedule. You will receive a reminder call approximately two (2) days before your scheduled procedure at which time your arrival time will be confirmed. Please arrive at the time given to you by the facility.

“An upper endoscopy is a procedure used to visually examine your upper digestive system with a tiny camera on the end of a long, flexible tube. A specialist in diseases of the digestive system (gastroenterologist) uses endoscopy to diagnose and, sometimes, treat conditions that affect the esophagus, stomach and beginning of the small intestine (duodenum)”.

- MayoClinic.org

PROCEDURE PREPARATION:

- For your physician to have a clear view, the stomach must be empty. It is very important that you do not eat or drink anything after midnight the night before; this includes water. If your appointment is in the afternoon, do not eat or drink 6 to 8 hours prior to your procedure.
- Do not take your medications unless instructed to do so (see medication guidelines on the back of this page).



Blood Thinners

If you have difficulty swallowing (dysphagia), Barrett's Esophagus, or an esophageal stricture, blood thinners need to be stopped four (4) days prior to your procedure. Please talk with your prescribing physician to make sure it is safe for you to stop taking these medications. Examples of these medications are Aspirin, Coumadin, Effient, Plavix, Pradaxa, etc. If you are unable to stop taking them, please inform the doctor and nurse at the time of your procedure.

Non-Steroidal Anti-Inflammatory (NSAID) Medications & Chronic Pain Medications

NSAID medications should be stopped 4 days before your procedure. This includes (but is not limited to) Advil, Aleve, Ascriptin, Celebrex, Empirin, Ibuprofen, Motrin, Naprosyn, Piroxicam, Sulindac, Voltaren.

If you need to take any medication for pain, you may take Tylenol (acetaminophen). Chronic pain medications, may be taken the morning of your procedure (3 hours before), but it is preferred that you do not since you will be administered pain medications for your procedure. If you take any of these medications prior to your procedure, please inform the physician and nurse.

Diabetic Medications

These medications are not to be taken the morning of the procedure. You may bring them with you to take after your procedure or take them when you get home.

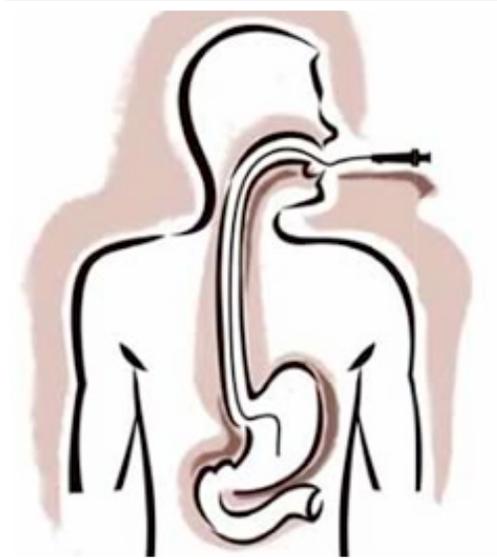
Blood Pressure, Seizure, & Heart Medications

These medications may be taken 3 hours prior to your procedure with a small sip of water.

If you are unsure about the type of medication(s) you are taking, please contact your pharmacist.

TRANSPORTATION

For your safety, you must have an adult accompany you to the procedure and remain at the facility the entire time. Due to the medications you will be given, you will be unable to work, drive, or take public transportation after your procedure. It is a good idea to arrange for an alternate person to accompany you in the event that your primary support person is unable to do so.



BIOPSY RESULTS

If biopsy is taken during your procedure, we will contact you with those results within 7-10 business days after your procedure. If you do not hear from us, please call our office at (614) 458-1183 and dial the corresponding extension for your physician's medical assistant:

- Dr. Gordon Kim (ext. 230)
- Dr. Tasos Manokas (ext. 248)
- Dr. Adam Tzagournis (ext. 222)
- Dr. John Tzagournis (ext. 226)
- Dr. Michael Tzagournis (ext. 225)